



Les Magnolias

Wellness space & Spa

The wellness space is exclusively dedicated to the hosts of *Maison de la Garenne*

Free access from 8. to 9.30 am and 5. to 6.30 pm

Private use is possible on request.

Four options for private use : Relaxation, Fitness, Japanese infrared sauna, Massage.

Please keep the door closed. Except during private use the curtain must be open.

Swimming suit required. If you don't have one, we can provide.

Please do not leave valuables. We are not responsible for your belongings . Secure locker room is available.

Towels are at your disposal. Please leave after use in the basket, do not bring them in the rooms.

Restrictions :

This area is not suitable for pregnant women, due to essential oil.

Infrared dome (charged option) and sauna cannot be used by people suffering of heart and lung troubles, or epileptic. Use of all equipments is made under your responsibility. Fitness equipments located in the tea-room are available only for « fitness » option.

Children :

_Under 10 : access denied. From 10 to 15 : possible only during private use with parents. From 16 to 18 : possible only with a parent.

Security :

For safety reasons, no glass nor bottle allowed. Smoking is prohibited. In case of black out, the door is open. Emergency lamp available in the shelves. If necessary you can contact us using the intercom next to the door.